



# CARY

	M	T	W	TH	F	SAT
CUBS		6:00 PM			4:00 PM	12:30 PM
WHITE YELLOW		6:00 PM	6:00 PM		4:30 PM	1:00 PM
GREEN BLUE	6:00 PM	4:00 PM		5:00 PM		10:30 AM
BROWN RED	5:00 PM		4:00 PM		6:30 PM	11:30 PM
BLACK		5:00 PM		4:00 PM		9:30 AM
ALL TEENS/ADULTS	4:00 PM		7:00 PM	6:00 PM		
WEAPONS/SPARRING			W-5:00 PM		S- 5:30 PM	

204 -104 DAVIS GROVE CIRCLE - CARY - DAVIS GROVE OFFICE PARK - (919) 469-5555

# MORRISVILLE

	M	T	W	TH	F	SAT
Sparring		6:30 PM				
CUBS	5:30 PM		5:30 PM			
WHITE YELLOW	6:00 PM			4:30 PM		
GREEN BLUE			4:30 PM	6:30 PM	5:30 PM	
BROWN RED		4:30 PM		5:30 PM		
BLACK	4:30 PM		6:00 PM		6:30 PM	
ALL TEENS/ADULTS		5:30 PM			4:30 PM	

5101 GRACE PARK DR - MORRISVILLE - GRACE PARK - (919) 396-4244

# ZOOM

	M	T	W	TH	F	SAT
CUBS	3:30 PM		5:00 PM			
WHITE-BLACK	4:15 PM	4:15PM	4:15 PM	4:15 PM	4:15 PM	

EMAIL IS BEST:

CustomerService@johnsonsmma.com

Johnsonsmma.com